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SYNERGISTIC EMERGENCE IN THE 21ST CENTURY

# *Yoga Readings*

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## ***Yoga—Why I Love to Teach Beginners***

Yoga is more about the state of one's Being than the postures. The beginners in all my yoga classes come with a willingness and an openness, they're humble. What's fascinating is that mastery has the same qualities. The beginners don't understand that they got what there was to get just by showing up to class in that way, and that's a good thing!

